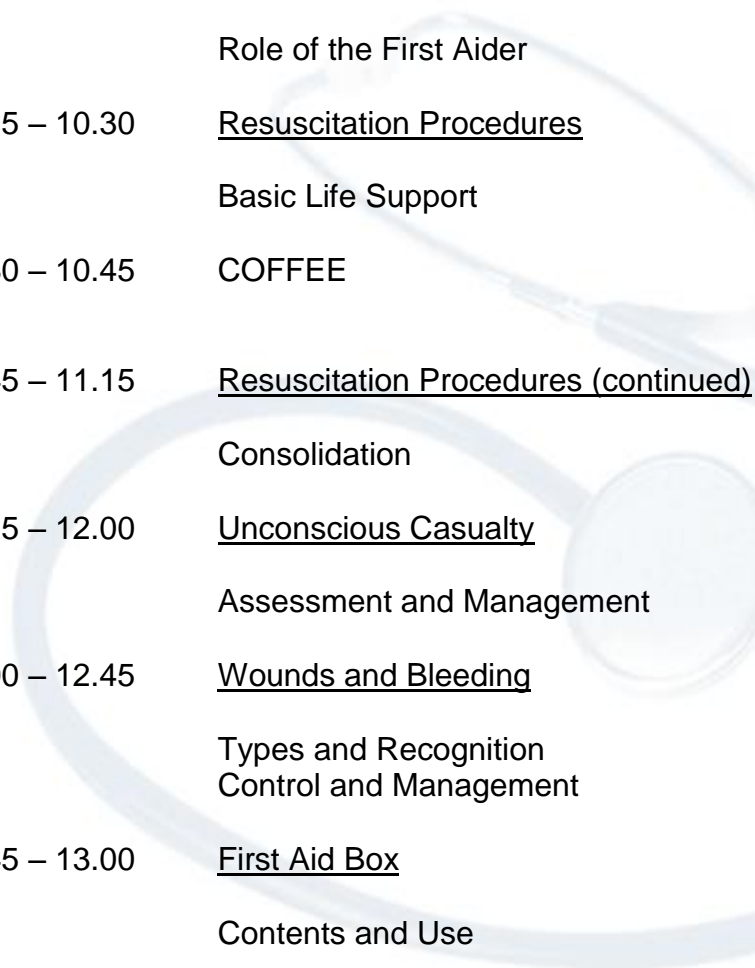


Emergency First Aid – Appointed Person(s)

Half Day (4hr Sample Programme)



09.00 – 09.15	<u>Registration</u> Role of the First Aider
09.15 – 10.30	<u>Resuscitation Procedures</u> Basic Life Support
10.30 – 10.45	COFFEE
10.45 – 11.15	<u>Resuscitation Procedures (continued)</u> Consolidation
11.15 – 12.00	<u>Unconscious Casualty</u> Assessment and Management
12.00 – 12.45	<u>Wounds and Bleeding</u> Types and Recognition Control and Management
12.45 – 13.00	<u>First Aid Box</u> Contents and Use Course Closure and Evaluation