

Emergency First Aid – Appointed Person(s)

1 Day (Sample Programme)

09.00 – 09.15 Registration

09.15 – 09.30 Role of the First Aider

9.30 – 10.30 Resuscitation Procedures

Basic Life Support
Choking Patient – Recognition and Treatment

10.30 – 10.45 COFFEE

10.45 – 12.30 Resuscitation Procedures (continued)

Unconscious Casualty – Assessment and Management

12.30 – 13.30 LUNCH

13.30 – 14.15 Wounds and Bleeding

Types and Recognition
Control and Management

14.15 – 15.00 Burns and Scalds

Types and Recognition
Control and Management

15.00 – 15.15 COFFEE

15.15 – 16.15 Medical Conditions

Diabetes and Epilepsy – Recognition and Treatment

16.15 – 16.30 First Aid Box

Contents and Use

16.30 – 17.00 Course Closure and Evaluation