

# FTS Solutions Ltd



## Driver Training

LGV C1 and D1

Pre-learning & Guidance Notes

*Comprehensive training for the work environment*

---

Free – Phone Tel: 0800 988 435

Falkirk Office Tel: 01324 489644 / Mobile Tel 077177 758551 / 07917 130523

Email: [training@ftssolutions.com](mailto:training@ftssolutions.com) / Website [www.ftssolutions.com](http://www.ftssolutions.com)

Address: Grangemouth Enterprise Centre, Falkirk Road, Grangemouth, Stirlingshire FK3 8XS

## **FTS Solutions Driver Training**

### **LGV Category C1 + D1**

The LGV **C1** licence category is available for drivers who obtained their Car Driving Licence after January 1<sup>st</sup> 1997 and wish to drive a van or small lorry which has a gross plated weight between 3500kg (3.5 Tons) and up to 7500kg (7.5 Tons).

The **D1** licence category is available for drivers who obtained their Car Driving Licence after January 1<sup>st</sup> 1997 and wish to drive a minibus with between 9 and 16 passenger seats.

In addition these categories may be necessary for Ambulance Driving and other restricted vehicles.

To obtain either the C1 and/or D1 categories on your licence you will be required to attend this vocational driver training course which normally takes place over three/four consecutive days culminating in the Driving Standards Agency test on the final day. Please note that these tests can be completed by the same process listed below.

Our aim is to provide comprehensive guidance and support to both individuals and organisations who are seeking to ensure high quality driver training in these categories, our highly motivated team of Instructors, will ensure each candidate's needs are assessed fully

The normal training day will include practical driving coupled with theoretical input and operate between the hours 08.30 – 16.00, however this programme can be flexible to meet client specific needs (please discuss when booking) – training can be conducted either on a one to one or two to one basis (student / Instructor). Discount on the price below is offered on block bookings of two or more.

### **Applying for your Licence.**

**Step 1** - Applying for provisional C1 and/or D1 entitlements on your car driving licence, (DVLA form D2), using (DVLA form D4 – completed by Dr) undertake a drivers medical and then send your licence and completed forms to DVLA. See [www.direct.gov.uk](http://www.direct.gov.uk)

**Step 2** - Revise the DSA Theory Manual, which is available from us. This book is a HMSO publication and costs £14.99. Additional material is available also to help with preparation for the theory test (Book & CD – “The Official Theory Test for Drivers of Large Vehicles” – contains sample multi choice questions) and (DVD “The Official Guide to Hazard Perception” contains sample Hazard Perception clips). These are useful as the theory test contains 100 multi choice questions coupled with a Hazard Perception exercise (19 interactive slides)

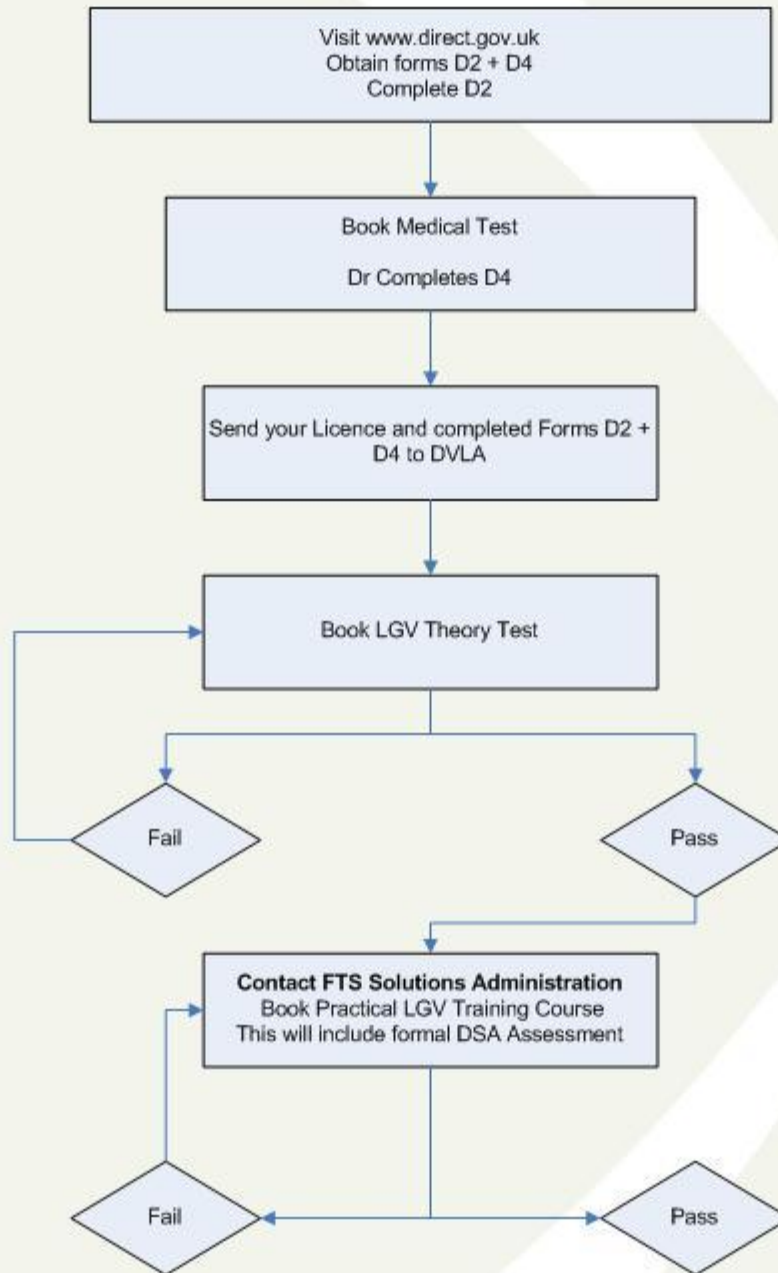
**Step 3** - Book an LGV Theory Test - Test Centre's are in most towns/cities, and can be booked at [www.dsa.gov.uk](http://www.dsa.gov.uk) or 0300 200 1122. The costs of these tests are £35 and £15 respectively – when booking you will require your Driving Licence number and credit / debit card.

**This stage MUST be passed before proceeding**

**Step 4** - Book your training course.

At any time during this process please feel free to contact a member of the FTS Team who will be available to assist in your application should you encounter any difficulties or have any queries.

## The C1 and D1 Application Process



Remember If you encounter any problems or have any concerns about the process.  
**Call FTS support on 0800 988 435**

FTS Solutions conduct Driver Training Courses through out the United Kingdom operating from our five main locations (listed below), any training required out with these sites can be facilitated by our affiliates UK wide.

### **Our main locations:**

England – Greater Manchester and Northamptonshire

Scotland – Central Belt – Stirlingshire

Wales – SE Wales (Newport) & SW England

Northern Ireland - Belfast

FTS Solutions recommends for safety reasons (excessive driving and danger of fatigue) that delegates should not commute (drive) outside an approximate 50 mile radius of our driving centres.

### **Test Information**

The test itself will take around 90 minutes (Cost £115) – you will be asked to produce your Driving Licence and photo ID and if appropriate the theory test certificate. Please ensure that the vehicle is clean and you attend in smart attire. a declaration form is signed to confirm the vehicle is insured and that your health has not changed. The examiner will then give further instruction on how the rest of the test will be conducted.

### **Now try our Practical Self Assessment!**

Can you answer “yes” to the following questions?

1. Do I follow the legal vehicle checks before driving away?
2. Do I know the minimum stopping distances for every speed at which I travel?
3. Do I always retain a minimum two-second gap from the vehicle ahead?
4. Do I always ensure that I can stop in the distance I can see to be clear?
5. Do I know when I can safely and legally cross or straddle double white lines, hazard lines and “Chevron” areas?
6. Am I using my mirrors every four seconds on average?
7. Do I ensure that I never cause any other road user to alter course or speed?
8. Do I ensure that I never overtake in a dangerous situation as covered in The Highway Code?
9. Do I ensure that I never allow a vehicle to settle or jerk when I use the brakes?
10. Is my forward vision sufficiently advanced that nothing that occurs on the road is completely unexpected?
11. Do I always allow three seconds minimum between giving a signal and carrying out the manoeuvre?

Between now and your driving course, try to consistently improve your driving so that you can answer “YES” to all the above questions. Whilst there is far more than this involved in your forthcoming driving course, this will prove beneficial in preparation for your course.

## Summary of Syllabus for LGV C1 + D1 Training

To enhance and maximize your training experience, listed below and overleaf is some background information to C1 + D1 Driver Programme.

### Vehicle Daily Inspections

Every driver is responsible for ensuring that their vehicle is in a roadworthy condition as required by law.

Before moving off the driver should be familiar with the position and operation of the controls and instruments of the vehicle.

### Safety checks and recognition (some examples):

#### Exterior of Vehicle

- Wheel nut security
- Tyres/ Wheels
- Exhaust system
- Rearview mirror
- Reflectors/ lights
- Directional indicators
- Windscreen, Wipers and Washers
- Brakes
- Horn
- The function of all controls & switches
- Indicators
- Lights
- Windscreen Wipers/Washers
- Heating controls
- Tachographs
- Steering
- Seatbelt
- Air pressure gauge

#### Instrument Binnacle

- Speedometer / rev counter
- On-board computer displays
- Bulb failure warnings
- Various warning lights and buzzers
- ABS failure warnings
- Gear selection indicators

## **All delegates will receive comprehensive development in the following areas as per DSA Requirements**

- All-round observations – improving use of mirrors / Vehicle signals / Shoulder Check employment. Good observations provide the extra time needed to react to any change in road traffic conditions and Vehicle movement. Development of Self Navigation exercises.
- Development of Hazard Awareness in relation to other vehicles, cyclist & Motorcyclists and any other road users
- Use of good Acceleration sense by varying vehicle speed in response to changing road and traffic conditions by accurate use of the accelerator.
- Clutch / correct gear - In order to use acceleration sense effectively the driver must be in the most responsive gear relative to the speed of the vehicle. Smooth gear changing is not only beneficial for comfort, but also to the stability of the vehicle. It also reduces wear and tear to the vehicle.
- Braking - A vehicle is at its most stable when it is travelling in a straight line at a constant speed on a level stretch of road with a good surface. Braking reduces the ability to steer, and transfers the vehicle weight to the front wheels. On the course you will develop your braking skills to incorporate braking in plenty of time, smoothness and accurate adjustment of the brake pressure to suit the road surface conditions.
- Steering Techniques will be reviewed: the most common method of steering a vehicle is to cross the hands. However, this method is not entirely safe because at some point one hand is totally off and away from the wheel. In order to combat this unsafe driving habit it is recommended that “pull push” method be adopted for normal steering movements.
- Use of gears and gear changing - Smooth gear changing is not only beneficial for comfort, but also to the stability of the vehicle. It also reduces wear and tear to the vehicle. By selecting the correct gear for the circumstances you will have the ability to accelerate or decelerate at a moments notice
- Vehicle Dimensions and Positioning – The importance of recognising turning arcs and adopting the correct vehicle positioning in relation to hazards encountered
- Developing a systematic approach to hazards – a hazard being anything which has a potential to cause danger.
- Reversing and manoeuvring – the candidate will undertake several exercises to improve reversing procedures and vehicle maneuverability – in addition a braking exercise will be completed.
- Motorway Driving and Dual Carriageways – Emphasis will be given to Motorway Theory / Safety Implications / Joining Motorways / Overtaking / Exiting Motorway / Risk of Fatigue
- Rural Environments – Developing a systematic approach to cornering, this includes the principles of safe cornering accounting for road camber, centrifugal force and limit point recognition. Off Road exercises are included in this module.

Evaluation of progress is continuous, below is a sample document which is used daily, identifying any areas which require further development.

# FTS Solutions

LGV C1 + D1 Driver Training Course – Daily Progress Report



Student Name:

Authority / Client:

Instructor Name:

Date From:

Date To:

Element / Skill	Day 1	Day 2	Day 3	Day 4	Comments
Anticipation & Planning					
Braking exercises					
Rural + Off road driving					
Cockpit drill					
Controls & Instruments					
Crossing other traffic					
Driving on direction					
Dual Carriageways					
Emerging Junctions					
Gear changing exercise					
Junctions					
Left & Right turning					
Moving off & Stopping *					* Designated public Areas for D1
Mirrors use & Vision					
Motorways					
Meeting traffic					
Overtaking					
One-way system					
Pedestrian Crossings					
Self Navigation					
Reversing exercise					
Roundabouts					
Safety checks Q's					
Safety position					
Signals					

**Numerical Scoring Matrix**

**1. Skill Introduction 2. Under Full Instruction 3. Regular Prompting  
4. Seldom Prompted 5. Independent**

Students Signature:

Date:

Assessors Signature:

Date: