

FTS SOLUTIONS

IHCD Driver Training Programme

WEEK 1

Day	Session / Driving Practice	Study / Reading Areas	Notes
Monday 0900-1700	Course Induction / Admin – Driving Licence Check – Eyesight Test – Garage / Building Regulations. Vehicle Daily Inspections (VDI)/ Cockpit Drill / Pre Driving Checks.ITN Drives. Concentration / Alertness (7) Observations (9) Stopping Drill / Moving off. Steering (13) / Braking (12) / Use of Gears (11)	Relevant ADM Sections: 1 / 2 / 3 / 4 / 5 / 6 / 7 9 / 11 / 12 / 13 / 16 Highway Code Know Your Road Signs	Vehicle Cleaning
Tuesday 0900-1700	VDI: The System of Car Control (8) Hazards (8) Driving Plans (9) Observations (9) Acceleration Sense (10) Signals (16) Driving Practice - Urban	Relevant ADM Sections: 3 / 4 / 7 / 8 / 9 / 10 / 16 Highway Code	Vehicle Cleaning
Wednesday 0900-1700	VDI: Reversing and Manoeuvring 14* Steering (13) / Braking (12) / Use of Gears (11) Observations (9) The System of Car Control (8) – Practice	Relevant ADM Sections: 7 / 8 / 9 / 10 / 11 / 12 / 13 / 14 Highway Code	Vehicle Cleaning
Thursday 0900-1700	VDI: The System of Car Control (8) – Practice Urban / <u>Rural + Motorway (If D1 only)</u>	Relevant ADM Sections: 7 / 8 / 9 / 10 Highway Code	Vehicle Cleaning
Friday 0900-1700	VDI: The System of Car Control (8) - Consolidation Drives IHCD Theoretical Examinations Module Tutorials	Relevant ADM Sections: 7 / 8 / 9 / 10 Highway Code	Vehicle Cleaning

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WEEK 2

Day	Session / Driving Practice	Study / Reading Areas	Notes
Monday 0900-1700	VDI: Cornering (18) Driving Practice	Relevant ADM Sections: 8 / 17 / 18 Highway Code	Vehicle Cleaning
Tuesday 0900-1700	VDI: Cornering (18) Driving Practice Motorways (21) Overtaking (19)	Relevant ADM Sections: 8 / 17 / 18 / 19 / 21 Highway Code	Vehicle Cleaning
Wednesday 0900-1700	VDI: Skid Avoidance (15)* Driving Practice Reversing and Manoeuvring (14)	Relevant ADM Sections: 14 / 15 Highway Code Course Handout	Vehicle Cleaning
Thursday 0900-1700	VDI: Consolidation and Practice Drives Cornering (18) Motorways (21) Overtaking (19)	Relevant ADM Sections: 17 / 18 / 19 / 21 Highway Code	Vehicle Cleaning
Friday 0900-1700	VDI: Consolidation and Practice Drives Road Traffic Law Mid Course Exam (internal) End of Week 2 Tutorials	Relevant ADM Sections: 2 / 7 / 8 / 9 / 10 Highway Code	Vehicle Cleaning

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WEEK 3

Day	Session / Driving Practice	Study / Reading Areas	Notes
Monday 0830-2100 <i>(subject to change)</i>	VDI: Extended / Night Drive (20) Weather Conditions (6) Concentration / Alertness (7) Observations (9)	Relevant ADM Sections: 6 / 7 / 9 / 20 Highway Code	Vehicle Cleaning
Tuesday 0900-1700	VDI: Driving Practice – Consolidation & Reinforcement of all elements * Quality Assurance – Instructor Vehicle Rotation	Relevant ADM Sections: Appropriate Sections Highway Code	Vehicle Cleaning
Wednesday 0900-1700	VDI: Emergency Responding – Practice (day 1) Risk Taking (4) Positive Attitude (5) Speed and Safety (22) Positioning (17)	Relevant ADM Sections: 22 and Appropriate Sections	Vehicle Cleaning
Thursday 0900-1700	VDI: Emergency Responding – Practice (day 2) Risk Taking (4) Positive Attitude (5) Speed and Safety (22) Positioning (17)	Relevant ADM Sections: 22 and Appropriate Sections	
Friday 0900-1500	Vehicle Cleaning. Course Administration IHCD Theoretical Examinations Course Evaluation End of Course Results & Tutorials		Vehicle Cleaning

* Day / Date of rotation can be subject to change